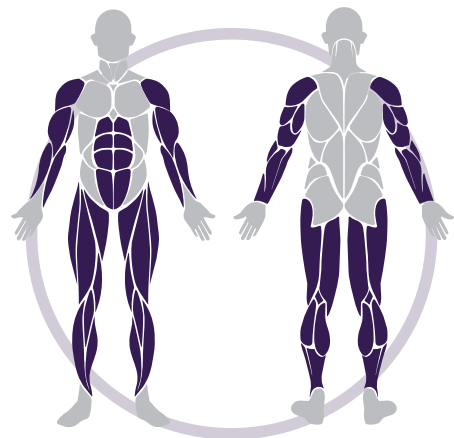




DATA SHEET

CROSS CYCLE

The Cross Cycle promotes lower limb movement, and flexion and extension of the upper limbs. This exercise will promote strengthening of the thigh and shoulder muscles and improves aerobic fitness.



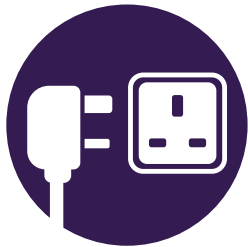
Targeted areas:

Abdominals, Upper & Lower Arm, Legs.

Technical Specifications



7" smart console offering both quick start and programme options



Power assisted (plug and play installation)



Dimensions:

W94cm x D142cm x H126cm



Weight:

118.2kg



Electrical Specification:

Voltage: 220V/240V (110V-USA)

Amps: 3 Amps per machine

Plug Cable Length: 1.5 metre



Panels:

Side Panels: High impact resistant ABS plastic



Upholstery:

Flame retardant vinyl and resistant to bacteria and moisture EN 1021-&2

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